

Reproductive Health



National Health Mission
Deptt. of Health & Family Welfare
Govt. of Odisha.



Define Reproductive Health

- ◆ Reproductive health is the state of physical, mental and social well-being, and not just the absence of disease or weakness in all matters relating to the reproductive system.
- ◆ Reproductive health implies that people are able to have a responsible, satisfying and safer sex life and that they have the capability to reproduce and freedom to decide when and how often to do so.
- ◆ Reproductive health includes sexual health, the purpose of which is the enhancement of life and personal relations. And not merely counseling and care related to reproduction and sexually transmitted diseases.

Core components of Reproductive Health (As per National Reproductive Health Strategy)

1. Family planning –
2. Maternal and New Born Health
3. Preventing unsafe abortion
4. Prevention and management of STI and HIV.
5. Promoting Sexual Health.

Family planning

1. Family planning refers to the planning of when to have children and the use of birth control. It allows individuals and couples to anticipate and have their desired number of children and to achieve healthy spacing and timing of their births. Family planning is the reproductive right of the woman.

Benefits of Family planning

1. Enables women to limit the size of their families.
2. Decreases maternal death. Evidence suggests that women who have more than four children are at higher risk of maternal mortality.
3. Decreases rates of unwanted pregnancies and abortions.

Family planning Services

FP services include:

1. Counseling
2. Referring
3. Provisioning of services
4. Complication management
5. Follow up services
6. indemnity



GoI's Basket of Family Planning Choices for Birth Control

Spacing:

- Condom
- Oral Contraceptive Pills- COC, E-Pill, Centchroman, POP
- Injectable DMPA (Antara)
- IUCD- IUCD 380A, IUCD 375

Limiting:

- Male Sterilization
 - ✓ NSV
 - ✓ Conventional Vasectomy
- Female Sterilization
 - ✓ Tubectomy
 - ✓ Laparoscopic

Post Partum and Post Abortion Family Planning

Services:

- PPIUCD and PAIUCD
- PPS and PAS





Consumables in Family Planning Program

Commodities for free distribution at facility level:



Commodities for distribution through ASHA at village level:



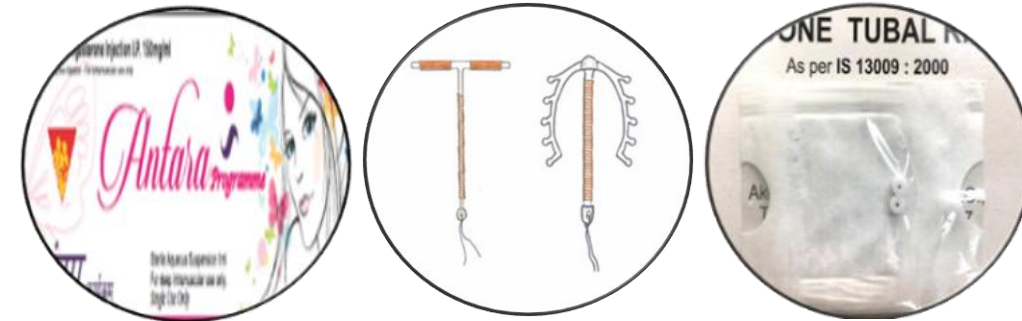
Condom

COC

ECP

Weekly Pill

Commodities for administering at facility level free of cost:



Injectable

IUCD

Tubal Ring

Additional commodity under PTK Scheme:

Pregnancy Testing Kit



Beneficiary Compensation Family Planning

Public Facilities		Private Accredited Institutions
Minilap	1400	1000
Laparoscopic Sterilization	1400	1000
Post Partum Sterilization	2200	1000
Vasectomy	2000	1000
PPIUCD	300	



Community Based Schemes (ASHA)



Scheme of Home Delivery of Contraceptives by ASHAs at Doorstep of Beneficiaries- (HDC)



Scheme for Ensuring Spacing of Births- (ESB)



Scheme for Utilization of Pregnancy Test Kit (PTK)



Scheme of Home Delivery of Contraceptives by ASHAs (Launched in July 2011)

- **Objective:** To improve access to contraceptives by the eligible couples, through distribution of contraceptives at the doorstep of beneficiaries by ASHAs.
- ***ASHAs distribute contraceptives*** at the doorstep of beneficiaries.
- ***ASHAs can*** Charge an optional nominal price of
 - Rs. 1/- for a pack of three condoms
 - Rs. 1/- for a cycle of oral pills
 - Rs. 2/- for a pack of one tablet of ECP



FP commodities for ASHA Home Delivery of Contraceptive Scheme

Recently Introduced



Condom



COC



ECP



Weekly Pill



Pregnancy Testing Kits (PTK) scheme

- *Pregnancy testing kit scheme came into the ambit of FP division in 2013.*
- Aim of the scheme is to make available the Pregnancy Testing Kits (PTKs) with ASHAs at the **sub-centre level** for early detection of pregnancy and availing of other RCH services.
- The PTKs are now a part of ASHA drug kit and are distributed free of cost to the clients in field by ASHAs.





Expansion of Contraceptive basket of choices

- Injectable Contraceptive (Antara Program)
- Centchroman- Chhaya
- Progesterone only pills



Availability of FP Services at Different Level

Community (ASHA/VHND)	Sub-Centre	PHC	CHC	DHH
IEC for Family Planning	Counselling	All the services available at Sub-Centre +	All the services available at PHC +	All the services available at CHC/FRU on Daily basis
Counselling on Choice of Method	IUCD insertion			
Re-supply of Oral Contraceptives Pills	OCP distribution			
Dispense Condoms & Emergency Pills (ECPs), Centchroman	Condom distribution			
Referral for IUCD & Sterilisation	ECP distribution			
Follow-up for contraceptive acceptors	DMPA			
	Follow up of acceptors			
		Minilap sterilization including PPS (fixed day basis/ camps)		
		NSV (fixed day basis/ camps)		
		Referral linkages		
			Lap. Sterilization (fixed day basis/ camps)	
			PPIUCD insertion	
			Management of complications	



Scheme for Ensuring Spacing at Birth(ESB)

(Launched in May 2012)

Services of ASHAs are being utilized in counselling newly married couples to ensure **spacing of 2 years after marriage** and to have **spacing of 3 years after the birth of 1st child**.

- Rs. 500/- for delaying the first child after marriage by two years
- Rs. 500/- for ensuring spacing of 3 years between 1st and 2nd child
- Rs. 1000/- for counselling a couple to avail of a limiting method after one two or children

FAMILY PLANNING INDEMNITY SCHEME (FPIS)



FAMILY PLANNING INDEMNITY SCHEME (FPIS)

- Effective from 1st April 2013
- It subsumes all the Previous Schemes
- Will take care of Cases of Failure, Medical Complication and Death attributed to Sterilisation Operations
- Also provides indemnity cover to the Doctor/Health Facility performing sterilization procedure
- Funds provisioned in the NHM PIP



ELIGIBILITY FOR FPIS BENEFITS

- All persons undergoing sterilization operations in Public Health Facility and Health Facilities of Non-Government and private sectors empanelled/accredited with district health authority
- The consent form filled by the person at the time of enrolling himself/herself for sterilization operation duly countersigned at the Medical facility shall be proof of coverage under the scheme.
- All the Doctors/Health Facilities including Doctors/Health Facilities of Central, State, Local-Self Governments, other Public Sectors and all the Accredited Doctors/Health Facilities of Non-Government and Private Sectors Empanelled/Accredited with district health authority and conducting such operations



AVAILABLE BENEFITS UNDER FPIS

Section	Coverage	Limits
SECTION I (A-D) : For Beneficiaries		
I A	Death following sterilization (inclusive of death during process of sterilization operation) in hospital or within 7 days from the date of discharge from the hospital	Rs. 400,000
I B	Death following sterilization within 8 - 30 days from the date of discharge from the hospital	Rs. 100,000
I C	Failure of sterilization	Rs. 60,000
I D	Cost of treatment <i>in hospital and up to 60 days</i> arising out of complication following sterilization operation (inclusive of complication during process of sterilization operation) from the date of discharge	Rs. 50,000
SECTION II: Empanelled Doctors under Public and Accredited Private/NGO Sector and Health Facilities under Public and Accredited Private/NGO Sector		
II*	Indemnity coverage up to 4 cases of litigations per doctor and per health facility in a year	Upto Rs. 2 Lakh per case of litigation

Other services provided

- Ambulance 108 services for any complications post Sterilization and IUCD cases.
- Drop Back facility for all clients post sterilization operation.
- Interfacility transfer facility for intra operative and post operative complications.
- IVRS (Interactive Voice Response Scheme) – A Toll Free Number 1800116555 for all to provide private and confidential information related to all Family Planning schemes and methods.
- Sexual Health clinics provide:
 - Testing and treatment of Sexually Transmitted Infection (STI)
 - Advise and information about sexual health
 - Free condoms
 - Contraception including EC Pill
 - Pregnancy Testing
 - Counseling for FP services

Thank you